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Four Rivers  
 Special Education District

Student: \_\_\_\_\_ School/Teacher: \_\_\_\_\_ Grade: \_\_ Data Date Range: \_\_\_\_\_

**Directions: Choose at least one intervention in the area of difficulty. Implement a minimum of 3 times per week for 4 weeks. Put a “+” if the trial made a positive impact in the classroom. Put a “-” if there was no change in the classroom.**

Email [OTTherapy@frsed.org](mailto:OTTherapy@frsed.org) for any further questions.

Strategies for Movement Seeker	1	2	3	4	5	6	7	8	9	10	11	12
Check student positioning. Are they comfortable in their seat? Is it the right height “90-90-90”?												
Alternative seating (exercise balls, wiggle cushions, theraband on leg chairs, standing)												
Incorporating movement breaks with whole class (Go Noodle, you tube videos) to individual wall pushes, hand pushes, desk pushes												
Movement can be incorporated through handing out papers, running classroom errands												
Student is assigned a peer model to imitate appropriate classroom behaviors												
Fast, irregular movements can be alerting (Red light, green light)												
Have student store belongings under the desk/chair to increase vestibular stimulation												

**\*\*Student does NOT lose recess as a consequence for inappropriate behavior. Student NEEDS movement to assist with calming—removing this may make it worse\*\***