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Four Rivers
Special Education District

Student:_____ School/Teacher: _____ Grade: __ Data Date Range:_____

Directions: Choose at least one intervention in the area of difficulty. Implement a minimum of 3 times per week for 4 weeks. Put a "+" if the trial made a positive impact in the classroom. Put a "-" if there was no change in the classroom.
Email OTTherapy@frsed.org for any further questions.

Strategies for CALMING and ATTENTION	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**	**12**
Check student positioning. Are they comfortable in their seat? Is it the right height "90-90-90"? (for added stability add a foot block, stack of books to achieve appropriate height)												
Chair with arms may provide better support												
Use a timer to help focus the student's attention on work for short periods of time. Also, chunking the work												
Student is seated close to teacher to reduce distractions and provide teacher monitor of student												
Student allowed to change positions (standing, sitting on ball, cushion, kneeling, etc)												
Student is allowed to sit backwards in chair with chest on the back of the chair (provides calming effect and improves attention)												
Scaffolding the material for note taking (they highlight answer or do fill in the blank)												
Provide student with heavy theraband or tubing on chair legs that can be kicked or stretched with feet for excessive fidgeting												