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Four Rivers
Special Education District

Student:_____ School/Teacher: _____ Grade: __ Data Date Range: _____

Directions: Choose at least one intervention in the area of difficulty. Implement a minimum of 3 times per week for 4 weeks. Put a "+" if the trial made a positive impact in the classroom. Put a "-" if there was no change in the classroom.
Email OTTherapy@frsed.org for any further questions.

Strategies for HEAVY PENCIL PRESSURE	1	2	3	4	5	6	7	8	9	10	11	12
Wrap clay around the pencil-if student changes the shape of the clay ,they are applying too much pressure												
Use a mechanical pencil- if the student applies too much pressure the tip will break. This is great for students who have a higher frustration tolerance												
Use a mechanical pencil that has thicker lead (1.3 mm) to decrease breaking and those who have lower frustration tolerance												
Place foam underneath the writing paper												
Use a slanted surface												
Practice coloring a picture using a gradient with colored pencils												
Use a single sheet of paper on a hard surface as opposed to a notebook.												